



Colony Care Behavioral Health

Services for Children

Providers:

Eva Bigonet, LICSW
Melissa Crawford, LICSW
Nikki Hinckley, LICSW
Stephanie Johnson, LICSW
Susan Kelledey, LICSW
Carol Litzler, LICSW
Caitlin Noone, LICSW
Jennifer Ruhl, LICSW
Robin Strickman, LICSW

Colony Care Behavioral Health is proud of its experienced group of Child Clinicians who provide assessment and treatment of children ranging from 3 to 12 years of age. We treat a broad range of diagnoses and developmental issues including anxiety and related disorders, anger management, attention deficit, mood and depression, and Autism Spectrum disorders. We also provide counseling for children and families around a variety of life adjustment issues including divorce, illness, grief, birth of siblings, family conflict, trauma, and peer and school issues. Our clinicians provide individual therapy, family consultations and therapy, parent coaching, and sibling therapy as needed/requested.

Our clinicians are trained in a variety of therapy techniques including Cognitive Behavioral Therapy (CBT), Narrative Therapy, Mindfulness and Stress Reduction, Social Skills Therapy, Trauma-Informed Therapy, and various play therapy techniques. Each clinician begins treatment with a comprehensive assessment to identify areas of both concern and strength, and to clarify diagnoses as needed. Our clinicians work collaboratively with families; the assessment process includes identifying goals and agreeing upon treatment strategies. Clinicians also collaborate with schools and other providers to offer the most cohesive treatment possible. Parents may request clinicians attend school meetings and observe classroom behavior in order to help develop appropriate interventions both at school and at home.

Please contact us by calling any of the individual providers listed above or by contacting the on-call provider for Colony Care at 781.431.1177, extension 210. We would be happy to discuss your individual situation and to help you learn more about our services. Please also feel free to read our providers' biographies on our website (<http://colonycare.net>) to get a more detailed understanding of each clinician's specific areas of practice.